

<<整脊疗法Right in the M>>

图书基本信息

书名：<<整脊疗法Right in the Middle>>

13位ISBN编号：9789624300222

10位ISBN编号：9624300224

出版时间：1993-1

出版时间：北京科文图书业信息技术有限公司

作者：Patricia M.Davies 著

页数：277

版权说明：本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问：<http://www.tushu007.com>

<<整脊疗法Right in the M>>

内容概要

This book is a must for everyone involved in the rehabilitation of stroke patients. Certainly all those already familiar with Pat Davies' best selling guide to the treatment of adult hemiplegia STEPS TO FOLLOW will want to learn more about the treatment advances presented here. The new book focuses on a subject that has been almost completely ignored until now in the rehabilitation of hemiplegic patients: selective trunk activity. The author once again shares her vast experience in treating patients with hemiplegia and points to the impressive results that can be achieved when specific therapy to retrain and regain selective trunk activity is integrated into the treatment program. The key to successful treatment lies in regaining adaptive stabilisation of the trunk, and the ability to move parts of it in isolation. The book explains how the loss of trunk control causes difficulties with breathing, speaking, balance and walking, as well as functional use of the arm and hand. Activities to improve these abilities are described. Clear concise instructions, illustrated by a wealth of photographs of patients in action will help doctors, physiotherapists and occupational therapists to observe, analyse and overcome the problems caused by inadequate trunk control.

<<整脊疗法Right in the M>>

书籍目录

IntroductionPart Theoretical Antecedents 1 The Normal Trunk - Evolutionary and Anatomical Considerations 1.1 The Vertebral Column 1.1.1 Movements of the Vertebral Column 1.1.2 Movements of the Rib Cage 1.2 Conclusion 2 Aspects of Trunk Control 2.1 The Bridge 2.2 The Tentacle 2.3 The Bridge-Tentacle 2.3.1 Muscular Control of the Trunk 2.3.2 Anatomical Considerations 2.3.2.1 Extension 2.3.2.2 Shoulder Girdle 2.3.2.3 Abdominal Muscles 2.3.2.4 Respiration 2.4 Types of Muscle Action 2.5 Conclusion 3 Problems Associated with the Loss of Selective Trunk Activity in Hemiplegia 3.1 Possible Reasons for the Bilateral Loss of Abdominal Muscle Activity and Tone 3.2 Loss of Selective Activity 3.2.1 Muscles of the Trunk 3.2.2 Muscles of the Trunk and Limbs Acting Simultaneously 3.3 Inability to Move in Normal Patterns 3.4 The Most Commonly Observed Problems Seen in Relation to Normal Motor Development 3.4.1 Difficulties with Breathing and Speaking 3.4.1.1 Distorted Configuration of the Rib Cage 3.4.2 Difficulties Observed in Lying 3.4.3 Difficulties in Moving Between Lying and Sitting 3.4.4 Difficulties in Sitting 3.4.5 Difficulties in Standing Up from Sitting 3.4.6 Difficulties in Standing 3.4.7 Some Difficulties Observed in Walking 3.4.7.1 The Stance Phase 3.4.7.2 The Swing Phase 3.4.7.3 Slow and Effortful Walking with the Stride Width Increased 3.4.7.4 Associated Reactions in the Arm 3.4.8 Difficulties in Moving the Arm 3.5 ConclusionPart Therapeutic Activities 4 Activities in Lying 4.1 Facilitating Breathing 4.1.1 Moving the Chest Passively 4.1.2 Assisting Expiration 4.1.3 Facilitating Diaphragmatic Breathing 4.2 Flexion/Rotation of the Upper Trunk 4.2.1 Assisting Passive Movement 4.2.2 Facilitating Active Movement 4.3 Retraining Active Protraction of the Scapula with Activation of the Oblique Abdominal Muscles 4.3.1 Lifting the Elbows into the Air 4.4 Rolling to Prone 4.4.1 Rolling Towards the Hemiplegic Side 4.4.2 Rolling Towards the Sound Side 4.5 Flexion/Rotation of the Lower Trunk 4.6 Activating the Oblique Abdominal Muscles in Crook Lying 4.7 Position of the Arms 4.8 Bridging, a Useful Activity for Regaining Selective Extension of the Hip Together with Abdominal Muscle Activity 5 Moving Between Lying and Sitting 6 Activities in Sitting 7 Standing Up from Sitting 8 Activities in Standing 9 Ball Activities 10 WalkingReferencesSubject Index

版权说明

本站所提供下载的PDF图书仅提供预览和简介，请支持正版图书。

更多资源请访问:<http://www.tushu007.com>