

<<中学英语深度阅读>>

图书基本信息

书名：<<中学英语深度阅读>>

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### 内容概要

《中学英语深度阅读》借鉴“任务型学习（task-based reading）”的原则。每单元围绕一个主题，篇目选文是中学生感兴趣的话题和国内外最新热点。突出视角的独特性、文意的趣味性、知识性和场景的真实性。

《点津英语阅读系列：中学英语深度阅读（高1篇）》内容丰富，题型多样。深度层层递进，适用中学生认知水平。

题型紧扣中、高考真题形式，着重在语法词汇和语言知识点运用及考点的把握上，在NOTES部分做了详细的解析供学生强化学习。

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## 章节摘录

Teens , Television , and Depression      A new study suggests that the more teenagers watch television , the more likely they are to develop depression as young adults. But the extent to which TV may or may not be to blame is a question that the study leaves unanswered.      The researchers used a national long-term survey of adolescent health to investigate the relationship between media use and depression. They based their findings on more than four thousand adolescents who were not depressed when the survey began in nineteen ninety-five.      As part of the survey , the young people were asked how many hours of television or videos they watched daily. They were also asked how often they played computer games and listened to the radio. Media use totaled an average of five and one-half hours a day. More than two hours of that was spent watching TV.      Seven years later , in two thousand two , more than seven percent of the young people had signs of depression. The average age at that time was twenty-one.      Brian Primack at the University of Pittsburgh medical school was the lead author of the new study. He says every extra hour of television meant an eight percent increase in the chances of developing signs of depression.      The researchers say they did not find any such relationship with the use of other media such as movies , video games or radio. But the study did find that young men were more likely than young women to develop depression given the same amount of media use. Doctor Primack says the study did not explore if watching TV causes depression. But one possibility , he says , is that it may take time away from activities that could help prevent depression.      .....

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