

<<临床护理技能实践手册>>

图书基本信息

书名：<<临床护理技能实践手册>>

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### 内容概要

《临床护理技能实践手册(双语)》为中英文双语教材，在帮助学生掌握护理基本技能的基础上，强化训练学生的医学、护理专业英语，提高运用水平，是一本与涉外医院医护实际工作密切联系的专业英语交流的指导教材。

以技能培养为主体，结合国内外整体护理的理念培养学生的综合护理操作能力。

以操作程序为主线，培养学生规范化、程序化的操作技能，促进学生胜任国内外医院护理操作工作。

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## 书籍目录

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Technology ..... 第四章儿科护理技术 Chapter 4Pediatric Nursing Technology 第五章内科护理技术 Chapter  
5Medical Nursing Technology 第六章外科护理技术 Chapter 6Surgical Nursing Technology 第七章急救护理  
技术 Chapter 7Emergency Nursing Technology

## 章节摘录

版权页： 1. Take the items to the bedside, check and explain 2. Clean the vulva, shave the pubic hair as needed, and insert the catheter as catheterization 3. After releasing urine, pinch the end of the catheter; remove the fenestrated drape and the gloves; fix the catheter ( 1 ) Strapping method Female: Cut 2/3 part of a 12 cm × 4 cm tape into three. Stick the complete 1/3 part on the mons pubis, then stick the middle one of the other 2/3 part on the catheter with spiral shape, and then cross stick the other two on the opposite side of the labia majora Male: Take two 12 cm × 2 cm tapse;cut a small hole on each side at 1/3 to the end respectively,fold it to be non-adhesive surface, and make a single butterfly wing tape. Stick the adhesive side of thetwo tapes on the penis, and then make a thin tape as semi-circular and fix it on the penis, Fix the folded ring of the two tapes on the catheter with a tape at 1 cm away from the urethra orifice ( 2 ) Double channel retention catheter Insert the catheter as catheterization, andadvance the catheter a further 4 cm to 6 cm when urine appears. Inflate the balloon with the exact amount of normal saline indicated on the catheter. Pinch the end of the balloon, and retract the catheter until you feel resistance, which indicates that the catheter tip is anchored in the place above the bladder outlet 4. Attach the end of the catheter to the tube of the drainage bag, and open the catheter. Fix the tube to the bed sheet with a rubber rope or a pin 5. Fix the drainage bag below the bladder 6. Assist the patient to put on pants and get a comfortable position. Do instruction for retention catheter. Tidy up the bed and dispose the items 7. Wash hands and record Respect the patient and get cooperation Operate according to aseptic operation strictly, to prevent urinary infection Female urethra is short, the catheter is easy to slide out, so the catheter should be properly fixed

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### 编辑推荐

《临床护理技能实践手册(双语)》主要适用于护理专业本科或高职高专涉外护理方向学生，也可供在职护士继续教育或出国护士培训使用。

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