

<<凯蒂的心情咖啡>>

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### 内容概要

2004年2月，18岁的美籍华裔女孩儿Katharine Wang通过“Kat's Eye”专栏走入了《英语学习》读者们的视线。

接下来的每个月，她都如约向中国的读者讲述她在大洋彼岸的生活。

光阴荏苒，不知不觉间，“Kat's Eye”陪我们一同走过了五年。

应广大读者之邀，我们特别将该栏目集结成本书，希望与所有喜欢她的老读者重温那段美好的时光，同时与更多的新读者分享她的心情故事。

Katharine(Kat)坚强上进、乐观开朗，但她也有沮丧，也有彷徨。

初到美国，Kat由于性格内向交不到朋友，同时遭遇语言障碍和文化冲突，备受煎熬，但她逐渐克服了这些困难，生活也变得越来越多姿多彩。

这本书就如同Kat呈献给我们的一个万花筒，色彩斑斓，变幻莫测，囊括了她生活经历中的点点滴滴，也为读者开辟了心灵交流的天地：如果你在生活或工作中备感压力，Kat会向你传授她的减压妙招；如果你想申请美国的大学，Kat会给你一些忠告；如果你同样热爱文学和写作，Kat想跟你来一番“文学一夕谈”；也许你有点儿崇拜Kat，这时，Kat会告诉你她在追逐梦想的路上曾遭遇过的失败.....。

本书不是纯粹的英语学习之书，因为书中的故事真实、亲切，未经过滤，读起来就好比在聆听一个邻家女孩向你述说她的生活故事，透露她的人生小秘密。

但本书确实又是一本可供学习英语之书，其语言地道、现代、活泼、幽默，你在咀嚼Kat的故事之时，也会情不自禁喜欢上她的充满个性的语言。

闲暇之余，泡杯咖啡，抑或沏壶好茶，掇起此书，静静琢磨每一幅清新幽默的小插图，细细品味每个故事的字里行间，也应算是一种独特的人生体验吧。

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### 作者简介

随父母移居美国。

曾就读于美国著名的斯坦福大学，毕业后进入Google Inc. 工作。

Kalhanne热爱文学，喜欢有创意的写作。

甚至梦想有朝一日能获得“诺贝尔文学奖”，她坚信梦想的力量。

2004年和2007年，她分别出版了《此时，彼地》和《深红准则——我的斯坦福》两本书。

从2004年开始，她还在《英语学习》杂志上开设了“Kat's Eye”专栏，记录自己在美国生活的点点滴滴。

本书是“Kat's Eye”专栏51篇故事的精彩辑录，其语言生动幽默，风格清新隽永，像一缕清风，带我们回首她的青春四季……

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书籍目录

浴室歌声不同池里的鱼儿活在童话世界里跨越人生的门槛山外有山军人的葬礼入学前的恐慌看纽约斯坦福精神美国流行文化反思温馨浪漫情人节走近阿米什人蟋蟀在歌唱午夜尖叫单身日记牛舌头和哥伦比亚咖啡喝茶的老妇人水之印象搬进法式楼法国大餐.....

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章节摘录

This revolution is starting in the US, aiming to change our perceptions of lifestyle and food. We have a growing trend towards organic foods. And, it makes sense; why not eat delicious and healthy food ?

I find that in China, most of the food and the dishes are healthy - a balance of vegetables, meats, and grains. But, there is also a growing popularity of fast food in China which could be feeding the next generations with French fries, hamburgers, and fried chicken. But, Im not advocating not eating these foods. Like what my group member said and wrote so well: The Delicious Revolution isnt asking us to start a crusade. Its asking us to enjoy our food, and giving others, especially kids, a chance to truly enjoy food as well. Its not even asking us to be selfless. But if theres one thing that would change my mind, its probably this. Dont eat something that wont make you happy. Its something that each of us can do very well. And Alice Waters and her Edible Garden show each week that eating well makes a difference. While it was difficult to start my speech, I had no trouble with the rest. It was something that I was passionate about, something that I understood. So, I forgot about fears. I forgot about those stupid jitterbugs. I wanted to talk. I wanted to share these powerful ideas and messages. I wanted to be heard. And, really, we all should.

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媒体关注与评论

A few weeks ago , I attended a charity fashion show in San Francisco with my old roommates. As I admired outfits after outfits , sequin after cloth , I found myself thinking about the last few years of writing for ELL. Like the models strutting down the catwalk , I have shed and changed and re-created my identity as apparent in my writing. Together , we have come across social stigmas , overcome hardships , met new friends , tackled new lifestyles , and explored new lands. I hope , with all my heart , that my writing has also helped in some way—even if just a tiny bit. I know that writing for ELL has helped me. Through writing , I have met so many readers. You have graciously shared lessons about life and love from across the ocean. It has been my absolute pleasure to write for you. I hope that we can continue to walk hand-in-hand down the Kat-walk. —Katharine Wang

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编辑推荐

一个爱喝咖啡的美籍华裔女孩儿，用故事点亮心灵，用咖啡泡就人生，生动的语言，幽默的笔触。清新的图画，文化的碰撞，青春的记忆，生命的回味。

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