

<<大学英语视听说教程（附光盘上）>>

图书基本信息

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内容概要

《大学英语视听说教程（上）》以一名赴美留学生为主线，通过47个情景会话和34个与会话相关的背景文化与听力内容组织教程，以期在真实的语境中进行语言基本的视听说训练。

书籍目录

前言 Introduction to a Great Future Through the Book 内容介绍 Unit1 Arriving in the US Unit2 Meeting on Campus Unit3 Curriculum Unit4 Extracurricular Activities Unit5 Weather Unit6 Shopping Unit7 Libraty/Bookstore Unit8 Christmas 附录《大学英语视听说教程》多媒体课件说明《大学英语视听说教程》多媒体课件制作人员名单

章节摘录

LIVE JOYFULLY TODAY !

Most people go through life putting off their joy and happiness. They say , I will be happy "someday" , after I achieve my goal or dream. Only then do they feel they will be able to enjoy life to the fullest. The truth is that if we decide to be happy now , we will automatically achieve more. While goals provide a magnificent direction and a way to focus our life , we must constantly strive to live each day to its fullest , squeezing all the joy we can out of each moment. Instead of measuring our success and failure in life by our ability to achieve an individualized and specific goal , let us measure success by the joy we have while working toward our goals. Life is short !

Don't put off joy and happiness. If goal setting means that only someday--after graduation , after you find a good job , after you become famous--only then will you be happy , then you are missing out on real life. There is a big difference between achieving to be happy and happily achieving. Strive to live each day to its fullest , squeezing all the joy you can out of each moment. Instead of measuring your life's value by your progress toward your life's goal , measure it by the joy you find each day as you work toward your goal. Life-Link : Our Words to You

QUESTIONS ARE THE ANSWER What makes the biggest difference in whom you become and how far you will go in life? It's not the events in your life that shape your future , it's the way you interpret and evaluate those experiences. Great men and women have come from all kinds of backgrounds. Some were rich and educated , and others were poor. Many had great difficulties to overcome. So , it's not the events or things that happen in your life that shape your future. It's how you interpret and evaluate your particular life experiences. Here is what I mean. Let's suppose you get sick and have to drop out of school for a semester. One student would interpret that as bad luck and possibly give up on school. Someone else might use the time spent in bed as an opportunity to do some extra reading and go back to school better prepared and more eager than ever before. The difference between the two students' reaction to being sick will depend on what kind of questions each student has asked himself. Student one might have asked himself , "Why does bad luck always happen to me?" His answer might have been , "because it was not meant to go to school." The other student might have asked : "how can I use my time in bed to my advantage?" and then have answered the question by saying , "I can read !

Whenever we ask ourselves questions we always get an answer. Try it !

The better questions you ask yourself the better the answers you will get. Whenever you are confronted with a problem you don't know how to solve , ask yourself good questions and you will come up with good solutions. The kind of questions you ask will determine your future !

Life-Link : Our Words to You FOCUS ON SOLUTIONS , NOT PROBLEMS Learning a second language should empower your life !

Yes , I believe that , or I would not have become involved in writing this book. This study of English should change and empower your life--even if you use English only a little bit. Let me show you what I mean by using the reverse example of myself , an English speaker learning a little Chinese. One of the English words you should be familiar with is the word "crisis". The English definition from the dictionary is this : "a time of great trouble". I have lived and worked with that definition all my life--until I studied Chinese. The word "crisis" in Chinese is composed of two Chinese characters : one represents danger , and the other represents opportunity. From my little study of Chinese I learned a lot about how to deal with my own life "crises". I have learned that a life "crisis" can be a dangerous time , but it can also be a time of opportunity. It all depends on how you look at it !

That little language study has changed my life !

What a great insight for living was gained by studying another language !

In "crisis" situations of life we can choose to focus on danger or opportunity , on problems or solutions. Instead of seeing a "crisis" as a problem , I learned to see it as an opportunity. This understanding will also give you great power in the midst of your problems. Here is a thought : Never spend more than 10 percent of your time on a problem. Always spend at least 90 percent of your time on seeking the solutions and opportunities a problem provides. We all have "crises" in our lives. How you view a "crisis" situation determines how it will affect your life.

编辑推荐

改革开放以来，我国大学英语的教学取得了显著的成绩，大学生的英语水平同10年、20年前相比，有了明显的提高。

迈入新的世纪，尤其是我国加入WTO后，社会各界对人才的培养有了更高的要求，在英语已逐渐成为世界性语言的今天，谁能完全驾驭这种交际工具，谁就能在国际大舞台上具有主动性，就能更有效地参与竞争。

这就要求我们培养出来的人才具有较强的跨文化交际能力。

作为英语教师，作者经常扪心自问、反省自己的教学：我都教给了学生什么？

我又能够做些什么来帮助今天的学生——明日的国家栋梁打下坚实的语言基础，使他们在与世界的接轨中，能够运用英语这一全球性交际工具与人沟通，并在各种交际场合中充满自信地表达自我？

于是，一种责任感和使命感促使我们——一位从事大学英语教学实践多年，近年来主要从事网络教学和运用多媒体手段进行课堂教学与研究的中国教育工作者，与一位有着丰富人生阅历、从事过写作、创办了ESL语言学校、有着几十年大中学教学经历、了解中国学生、热爱中国（创办了“中国之友协会”——Friends of China, Inc.）的美国教育工作者，一起构思、编写并制作了一套顺应时代发展，符合当今中国学生实际需要的英语视听说立体化教材。

我们将本套教材的核心部分——情景对话中的人物、事件和场景设定在美国，以突出语言在实际生活中的具体运用。

在写作视听素材之前，我们就语言、教育、留美学习生活、与美国人的接触、对美国社会的了解等内容对100多位中国赴美留学人员进行了问卷调查，还与填写问卷的许多人就问卷中的某些内容展开了讨论。

在这套教材中，我们将自己对留美学生现实生活的观察、思考和对他们用英语进行交际活动的分析，以及我们自己在生活中的体验，融入了赴美留学生王欣这一典型的人物以及伴随着她的一个个情景会话和背景知识的视听素材中，力图使教材内容贴近真实生活，语言上保持“原汁原味”和针对学生学习生活上的切实需要与表达能力方面的薄弱点。

每单元之后，我们还附上由Loren Steele亲自朗读的对学习者的附言。

我们真诚希望通过循序渐进的语言学习与技能的训练，随着学习者对每一单元语言内容的把握及相关文化背景的了解，以作者的心声同学习者进行更深层次的思想沟通，用作者自己对生活的体验、对人生的感悟来激发和唤起学习者对一些问题的思索，激励学习者在人生道路上积极进取。

有关语言和文化的关系，国内外不少专家、学者都有专门的论述。

教育部有关文件也明确指出，“文化与语言有着密切的联系，一定的文化背景知识有助于促进语言应用能力的提高”。

如何将这一理念落在实处，贯穿在这套视听说教材里，始终是我们考虑的重点，因此我们将本套教材的整体构思与写作定位在“文化学习”这个层面上，力求做到在传达语言知识与训练语言技能的同时，传输相关的背景文化知识。

学习语言最终要达到的目的是具有参随语境变化的语言交际能力，我们在写作对话内容、视听材料和设计训练语言交际技能的活动中，注意组织语言表达所需要的不可缺少的各个细节，注重语境的创造，使学生在话语规则的框架中去理解语言并操练语言技能。

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