

<<大学基础英语教程>>

图书基本信息

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### 前言

教育部《大学英语课程教学要求》(以下简称《教学要求》)明确指出:“我国幅员辽阔,各地区、各高校之间情况差异较大,大学英语教学应按照分类指导、因材施教的原则,以适应个性化教学的实际需要。

” 《大学基础英语教程》即是依据《教学要求》编写的一套大学英语教材,主要适用于全国各高等院校艺术、体育类学生,民族地区学生和其他一些大学入学时英语基础相对薄弱的非英语专业大学生,旨在使学生通过本教材的系统学习,在英语语言知识、应用技能、学习策略和跨文化交际方面能够达到《教学要求》中规定的高等学校非英语专业本科毕业生应达到的基本要求。

《大学基础英语教程》在编写过程中力图体现以下编写原则: 1.以《教学要求》为依据,重点培养学生英语综合应用能力。

2.以人为本,因人制宜,始终考虑适用对象的现有英语水平和实际学习需求。

3.旨在使学生通过本教材的学习,做到学有所用,学以致用,以用促学,学用统一。

力争使语言知识的传授与语言运用能力的提高做到相辅相成、有机互补.既不片面强调语言知识的传授,也不片面强调没有坚实基础的语言能力的提高。

与国内其他大学英语优秀教材相比,本教程的特色主要体现为“唯实”、“简约”、“实用”、“教育”四个方面。

洞察适用对象外语水平和学习需求之实并以之为本,教材编著与设计力求因应适用对象之求并扼之以要,高度重视学生综合文化素养的培养以及所学外语知识和技能的实际应用,寓人文素养与道德教育于外语学习的潜移默化之中。

具体体现如下。

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### 内容概要

本教材专门为全国各高校艺术、体育类学生，民族地区学生和其他一些大学入学时英语基础相对薄弱的非英语专业大学生编写，编写体例、课文选材、练习设计等均体现了较强的针对性；本教材以《大学英语课程教学要求》为依据，重点培养学生英语综合应用能力，使学生通过本教材的学习，做到学有所用，学以致用，以用促学，学用统一；本教材不仅注重激发学生学习兴趣，培养学生外语技能，更加注重学生综合人文素养的提升和积极人生观与价值观的培养，在潜移默化中，启迪思想，陶冶情操。

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 Glossary

## 章节摘录

it is a movement. When newspaper reporters introduce the idea of living more slowly, you can bet that the message is starting to go deep into the world's consciousness. Slow food isn't necessarily about slow cooking and it isn't about laziness, because it might be a little more work to choose what you eat and to connect with the land and the rain and the sun. If that sounds a bit poetic, that's no accident. Poetry makes you feel things and that's what food should do too. The modern age of mechanization and computerization promised us a better life, in which machines would do the work and people would be freer than ever to enjoy leisure, art and meaningful living. It has not happened. We have surrendered leadership to machines. The enemy is haste. People want to be in and out of restaurants and go back to school or work, but real food cannot be rushed. Globalization promised more choices than ever and it has delivered—but not completely for the better. Modern shoppers tend to buy thoughtlessly, without realizing that buying locally and seasonally not only benefits the local economy, it is also easier on the wallet. Though quality local produce may not necessarily supply everything year-round, one can pay attention to what the seasons and what nature tells him. Food is the fuel for one's inner spirit. After one's daily work one must save a moment of renewing your spirit, for example, to close the door and begin to peel potatoes. For most of the time, this enjoyment may last till the end of the dining hour. If you prepare a dish that takes hours to cook, you look forward to it, then you want to sit down, you want to chew it slowly. Maybe you even want to try the wine. You don't want to just throw it into your mouth and send it down. The widespread message of corporate advertising is that you can eat quickly and have more time to go to make more money, and the pace of modern life can make that sound attractive. But money isn't everything, and you don't have to be rich to eat thoughtfully and purposefully. However, changing popular fast food culture is like controlling a battleship with a spoon when the waves of mass-marketed convenience culture and major corporations that run large-scale agri-business are opposing against you. Today people are so plugged in to technology and work that they are losing contact with each other and with food. Without a connection to what we eat, we are out of touch with the earth that breeds us. After all, everything always comes back to food, and good food would come as a way of living. That's what the slow food movement has to share with the world.

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