<<中国推拿疗法>>

图书基本信息

书名:<<中国推拿疗法>>

13位ISBN编号:9787119016740

10位ISBN编号:7119016741

出版时间:1994-01

出版时间:外文出版社

作者:王甫

版权说明:本站所提供下载的PDF图书仅提供预览和简介,请支持正版图书。

更多资源请访问:http://www.tushu007.com

<<中国推拿疗法>>

内容概要

Tuina is a simple therapy which uses neither medicine nor medical devices, but uses various massage techniques to stimulate the body to regulate the bodily functions and eliminate pathogenic factors. Originating in China tuina therapy has now been adopted in many countries around the world.

The author of Ch'mese Tuina Therapy Wang Fu has a relationship with traditional Chinese medicine since his early years. When he was twenty years old, he became seriously ill. The medicine to cure his illness caused a hearing loss in both ears. At that time, he resolved to be a doctor of traditional Chinese medicine. Because his deafness proved to be a hindrance in consultation and diagnosis, he resolved to learn massage therapy. Because of perseverance in study and boldness in exploration and practice, he ultimately became a well-known masseur. He first served as a masseur in the Hospital Attached to the Liaoning College of Traditional Chinese Medicine and later was responsible for Chinese Medicine of Liaoning magazine. The present book is a summary of his medical experiences during his professional career. The book includes thirty tuina manipulations and twenty-nine therapies for common diseases.

<<中国推拿疗法>>

书籍目录

CONTENTS

Preface

Chapter One General Introduction

- I. History of Tuina Therapy
- II. The Basic Theory of Tuina Therapy
- 1. Origin of Tuina Therapy
- 2. The Theoretical Foundation of Tuina Therapy
- 3. Commonly-Used Meridians, Points and Their Indications
- .II. Indications and Contraindications of Tuina Therapy
- 1. Indications
- 2. Contraindications, Precautions and Commonly-Used Points

Chapter Two Thirty Maneuvers of Tuina Therapy

- I. Manipulations and Effects
- II. Reinforcing and Reducing Manipulations
- III. Thirty Maneuvers of Tuina Therapy
- 1. Stroking Maneuver
- 2. Pushing Maneuver
- 3. Grasping Maneuver
- 4. Pressing Maneuver
- 5. Palm-rubbing Maneuver
- 6. Rotatory Kneading Maneuver
- 7. Twisting Maneuver
- 8. Flicking Maneuver
- 9. Finger-rubbing Maneuver
- 10. Pick-up Maneuver
- 11. Pinching Maneuver
- 12. Rubbing Maneuver
- 13. Rolling Maneuver
- 14. Shaking Maneuver
- 15. Gripping Maneuver
- 16. Rotating Maneuver
- 17. Tapping Maneuver
- 18. Stretching Maneuver
- 19. Percussing Maneuver
- 20. Puncturing Maneuver
- 21. Separating Maneuver
- 22. Joining Maneuver
- 23. Back-carrying Maneuver
- 24. Holding Maneuver
- 25. Pulling Maneuver
- 26. Kneading Maneuver
- 27. Head-lifting Maneuver
- 28. Raising Maneuver
- 29. Lifting Maneuver
- 30. Stepping Maneuver

<<中国推拿疗法>>

Chapter Three The Tuina Treatment of Commonly Encountered Disorders

- I. Disorders of the Head and Face
- 1. Headache
- 2. Toothache
- 3. Facial Paralysis
- 4. Insomnia
- II. Disorders of the Neck
- 1. Stiffneck
- 2. Cervical Spondylopathy
- III. Periarthritis of the Shoulder
- IV. Pain of the Upper Limbs
- 1. Brachialgia
- 2. Numbness and Pain of the Fingers
- 3. Tenosynovitis
- V. Hypertension
- VI. Coronary Heart Disease
- VII. Hemiplegia
- VIII. Abdominal Disorders
- 1. Stomach Pain
- 2. Abdominal Pain
- 3. Gastroptosis
- IX. Lumbocrural Pain
- 1. Discussion of Lumbocrural Pain
- 2. Acute Traumatic Lumbago
- 3. Prolapse of Lumbar Intervertebral Disc
- 4. Lower Back Pain Due to Kidney Deficiency
- 5. Sequela of Fracture of the Coccyx
- 6. Foot and Ankle Sprains
- X. Rheumatoid Arthritis
- XI. Gynecological Diseases
- 1. Dysmenorrhea
- 2. Mastitis
- 3. Climaeteric Syndrome
- XII. Miscellaneous Diseases
- 1. Obesity
- 2. Constipation
- 3. Incontinence of Urine
- 4. Artenosclerotic Senility
- 5. Tympanites Due to Stagnation of Qi

<<中国推拿疗法>>

版权说明

本站所提供下载的PDF图书仅提供预览和简介,请支持正版图书。

更多资源请访问:http://www.tushu007.com