

<<中医临床实用系列>>

图书基本信息

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内容概要

"The Clinical Practice of Chinese Medicine Urticaria" (Author Lu Chuanjian) well-organized and comprehensive series of books guides the reader through the complexity of clinical practice. These books discuss , in detail , the clinical experience of ancient and modern-day renowned physician and enable the practitioner to become more adept at using Chinese medicine in the diagnosis and treatment of common diseases. "The Clinical Practice of Chinese Medicine Urticaria" : When the Chinese edition of The Clinical Practice of Chinese Medicine series was first published in 2000 and re-published in 2004 by the People's Medical Publishing House , it was used widely in clinical practice due to its originality , distinguishing features , rich content , completeness , and accuracy. It has become a trademark of standard in the eyes of Chinese and integrative medical practitioners. Now , The Clinical Practice of Chinese Medicine is available in English for practitioners all over the world. This series is an indispensable resource for clinical practitioners of Chinese Medicine.

作者简介

Professor Lu Chuon-jion was born in October 1964. She is a Medical Doctor , professor , and state-approved Master's level advisor at the Second Clinical Medicine College of Guangzhou University of Chinese Medicine (also known as the Chinese Medicine Hospital of Guangdong Province) . She is also the vice-president of this hospital. In addition , she serves as the vice-president of the Chinese Medicine Diagnosis Specialty Board of the Guangdong Provincial Medicine Association , the standing Director of Clinical Education Board of Advanced Education of Chinese Medicine Association , and as a member of the Dermatology Board of the Guangdong Provincial Medicine Association. She was chosen to be an apprentice of a famous senior physician Professor Shen Yan-nan in the national Master and Apprentice Education Program. Through her year of clinical practice , teaching , and scientific research she has achieved great curative effects in treating diseases such as psoriasis , eczema , urticaria , cutaneous pruritis , and herpes zoster. She has participated in 11 projects of scientific research on the national , provincial and bureau levels , and has published more than 50 research papers in national or provincial journals , as well as the monograph Modern-day Treatment to Dermatology & Venereology. She is the chief editor of Urticaria , Eczema & Atopic Dermatitis , and Psoriasis & Cutaneous Pruritis , as part of the Clinical Practice of Chinese Medicine series. Professor Lu also participated in the editing and publication of Diagnosis of Chinese Medicine and Collection of Cases in Dermatology. She has won 7 clinical and teaching achievement awards.

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书籍目录

Urticaria OVERVIEW CHINESE MEDICAL ETIOLOGY AND PATHOMECHANISM CHINESE MEDICAL TREATMENT Pattern Differentiation and Treatment Additional Treatment Modalities 1.CHINESE PATENT MEDICINE 2.ACUPUNCTURE AND MOXIBUSTION 3.EXTERNAL APPLICATION 4.SIMPLE PRESCRIPTIONS AND EMPIRICAL FORMULAS PROGNOSIS PREVENTIVE HEALTHCARE Lifestyle Modification Dietary Recommendation Regulation of Emotional and Mental Health CLINICAL EXPERIENCE OF RENOWNED PHYSICIANS Empirical Formulas Selected Case Studies Discussions 1.Zhu Ren-kang's five patterns of differentiation and treatment of urticaria 2.Zhao Bing-nan's four pattern differentiations in the treatment of urticaria-cold,heat,and deficiency patterns with the emphasis on wind evil. 3.Zhou Ming-qi believes that internal and external windwill damage the right qi,therefore the treatment of wind should be included in both internal and external therapies. 4.Liu Xue-qin treats urticaria mainly by dispersing food (accumulation),abducting stagnation,coursing wind and scattering cold. 5.Xi Feng-lin believes that the pattern differentiation and corresponding treatment of urticaria should include deficiency and excess patterns. 6.Gu Pi-rong treats stubborn urticaria by the four methods of dispelling,dispersing,extinguishing,and controlling 7.He Ren treats urticaria by coursing wind and resolving toxin PERSPECTIVES OF INTEGRATIVE MEDICINE Challenges and Solutions Challenge #1: How to Prevent the Onset of Urticaria Challenge #2: How to Reduce the Reoccurrence of Urticaria Insight from Empirical Wisdom Summary SELECTED QUOTES FROM CLASSICAL TEXTS MODERN RESEARCH Clinical Research 1.PATTERN DIFFERENTIATION AND CORRESPONDING TREATMENT 2.SPECIFIC FORMULAS 3.ACUPUNCTURE AND MOXIBUSTION Experimental Studies 1.RESEARCH ON THE EFFICACY OF SINGLE CHINESE MEDICINALS 2.RESEARCH ON THE EFFICACY OF HERBAL PRESCRIPTIONS 3.RESEARCH ON ACUPUNCTURE MECHANISM REFERENCES Index by Disease Names and Symptoms Index by Chinese Medlcinals and Formulas General Index

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章节摘录

版权页： 插图： the chief herbs.(Semen Cuscutae),(Fructus Ligustri Lucidi)and(Herba Ecliptae)nourish Kidney yin,and help the chief herbs to nourish the blood and yin,and regulate the Chong and Ren vessels.They work as the deputies.(Radix et Rhizoma Salviae Miltiorrhizae),(Radix Angelicae Sinensis)and(Herba Leonuri)assist to nourish and move the blood,in order to tonify without stagnating.(Radix Achyranthis Bidentatae)tonifies the Liver and Kidney,and leads the actions of the other herbs downward.It is the envoy.The prescription has the function of strengthening qi and blood,and regulating the Chong and Ren vessels.It does this by tonifying and moving both the yin and yang aspects. For dysmenorrhea,add(Radix et Rhizoma Notoginseng)6g and(Caulis Spatholobi)15g to strengthen the actions of moving blood and relieving pain. For scanty,pale red,and irregular menstruation,add(Herba Taxilli)20g and(Colla Corii Asini)15g to tonify the Kidney and nourish blood. For stubborn skin rashes with severe pruritus,add(Scorpio)3-6g,(Ramulus Uncariae Cum Uncis)12g,and(Fructus Tribuli)12g to dispel wind,open the channels and relieve itching. For irritability and restlessness,add(Radix Curcumae)15g,(Radix Bupleuri)10g and(Radix Paeoniae Alba)10g to course the Liver,resolve constraint,nourish blood and harmonize the ying. Additional Treatment Modalities 1.CHINESE PATENT MEDICINE Take 5g each time,3 times a day.This is indicated for a pattern differentiated as chronic urticaria from instability of wei qi. Take 6g each time,2 times a day.This is indicated for a pattern differentiated as chronic urticaria from heat in the blood due to yin deficiency. Take 3.5g each time,2 times a day.This is indicated for a pattern differentiated as chronic urticaria from deficiency of qi and blood. Take half a bag (60 granules)each time,2 times a day.This is indicated for stubborn urticaria. 2.ACUPUNCTURE AND MOXIBUSTION (1)Acupuncture Using Filiform Needle 1)Point Selection Along the Course of Channels Use supplementation methods for deficiency patterns,and drainage methods for excess patterns.After the arrival of qi,retain needles for 10-15 minutes.Treat one time every one to two days.

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编辑推荐

《中医临床实用系列:荨麻疹(英文)》内容全面、实用,适合皮肤科中低年资医师、医学院校学生、中医爱好者及皮肤病患者阅读参考。

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