

<<地中海的烹饪风格>>

图书基本信息

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内容概要

Landscapes of legendary beauty and unchanged nature, crystal clear waters, with the southern sun shining overhead: this truly is paradise on earth and is found on Mediterranean islands. But what would paradise be without the delights prepared so lovingly on the isles of Crete, Corsica, Sardinia, Malta and the Balearics? Freshly harvested fruit and vegetables, fish, seafood and meat are transformed into sun-rich delicacies using traditional family recipes, with wonderful results to be enjoyed by guests everywhere. In this book, eleven master chefs present some of their favorite recipes, ranging from clever appetizers through main dishes that are typical of the various regions, to seductive desserts: fish soup from Bastia, Corsican cheese crepes, veal schnitzel with eggplant, or maybe a wonderful Parmesan ice cream with cookies ...? The recipes are of various levels of difficulty, and each one includes detailed step-by-step instructions for readers to follow, along with information on cooking times and methods making preparing a perfect menu child's play!

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Fish & Seafood
Meat & Poultry
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The Chefs

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