<<Lonely Planet Hiking>>

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内容概要

Lonely Planet Knows Spain. Tackle the rugged Pyrenees, Picos de Europa or Sierra Nevada, or tread history along the epic Camino de Santiago pilgrim trail, Europe's most famous hike. Or find yourself sampling Spain's diverse natural and cultural beauty in misty Galicia, the forgotten mountains of the Basque Country, and Alpujarran Muslim villages. From gentle coastal rambles to multi-day scrambles, this guide has hikes for every ability level throughout Spain, as well as Mallorca and Andorra. In This Guide: Everything you need to know to get prepared. Listings for sleeping, eating and facilities along the way. Advice on equipment, health and safety.

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作者简介

As a child English born Stuart Butler received his first travel inspirations from weekly visits to his local zoo and the constant re-reading of the late, great Gerald Durrell's books about his animal collecting exploits in Corfu and beyond. A few years later Stuart put the lizard hunting onto a back burner and took up surfing. A short and not very successful professional surfing career quickly evolved into the far more enjoyable task of surf exploration along some of the worlds most remote coastlines. The results of these trips, which have seen him riding waves in places as diverse as the Arctic tundra in winter, the burning coastal deserts of Pakistan and Yemen in high summer, the rain soaked jungle beaches of Colombia and the shark infested reefs of eastern Africa, have appeared widely in the international surf and travel media. His stories and photos from these trips have gained Stuart a well-founded reputation for stumbling blindly into minefields, getting his travel companions thrown into Third-World military prisons and becoming tangled up in all sorts of magical duals with passing sorcerers and ghosts. His first guidebook work was all surfing based and included writing for the legendry Stormrider Guides as well as compiling his own Oceansurf Guidebooks to Portugal and Spain. Since joining Lonely Planet Stuart has worked on guides to South Asia and the Middle East and for other publishers he has written about Africa. Stuart now lives beside the beautiful beaches of southwest France where the lack of a decent zoo is compensated for by the lizards and terrapins living in his garden. Photographs and stories from his trips can be seen on his website www.oceansurfpublications.co.uk

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媒体关注与评论

'For tens of millions of globetrotting readers, the Lonely Planet guides are the gospel of adventure travel.'-- New York Times Magazine

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