

<<tapas餐前小点>>

图书基本信息

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内容概要

tapas a culinary journey of discovery Eating tapas is a part of daily life in Spain, an opportunity for an informal social occasion that gives people the chance to chat and have a delicious snack during the day or in the evening. This book offers the very best tapas for you to enjoy with your friends and family. Ranging from bite-size servings that can be eaten with the fingers or a toothpick to more substantial dishes that can be combined to form a full meal, these recipes lend themselves perfectly to informal social occasions and are ideal for a summer lunch or evening party. Tapas is part of a series of books designed to let you discover the wonderfully diverse cuisines of the world. Each title features classic and contemporary recipes that can be made with ingredients that are readily available, offering you the chance to bring to your table tastes and culinary traditions enjoyed around the globe.

书籍目录

Introduction Serving tapas at home A glass of something fortifying Sangria Allioli Share and enjoy the tapas experience
Dips and Bread Catalan toasts Chorizo bread pockets Artichoke and pimiento flatbread
Toast topped with asparagus and scrambled eggs Cheese and garlic dip with sun-dried tomato toasts Wild mushroom and allioli toasts Roman dip with anchovy circles Roasted red bell peppers on garlic toasts
Fresh mint and bean pate
Meat and Poultry Sauteed chicken with crispy garlic slices Chicken, raisin, and pine nut salad Spicy Moroccan chicken kabobs Spanish meatballs with cracked olives Spareribs coated in paprika sauce Spanish mountain ham croquettes Ham and goat cheese empanadillas Chorizo and fava bean tortilla Sirloin steak with garlic and sherry Calves' liver in almond saffron sauce
Fish and Seafood Mixed seafood kabobs with a chili and lime glaze Batter-fried fish sticks Tuna and olive empanadillas Seared squid and golden potatoes Tossed shrimp and bell peppers in garlic sauce Mussels in a vinaigrette dressing
Anchovy and cheese-stuffed eggs Calamari with shrimp and fava beans Fresh salmon in red bell pepper sauce
Vegetables and Salads Sun-dried tomato and goat cheese tarts Baby leek and asparagus salad Stuffed tuna and cheese bell pepper strips Eggplant tortilla wedges Simmered summer vegetables Deep fried artichoke hearts Grilled zucchini salad with cilantro dressing Spanish summer salad in a tomato dressing
Piquant potatoes Roasted potato wedges with shallots and rosemary
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