

<<每日一道菜>>

图书基本信息

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内容概要

The cuisine of Greece is like the country itself - relaxed sociable and full of sunshine. It is simple, traditional food that makes creative use of the ingredients that can be produced in the rugged mountainous regions and on the many islands. The famous Mediterranean diet is at its best here, with plenty of fish, small quantities of meat, olive oil from the groves that cling to every available hillside, and a fantastic selection of colourful, flavour-packed vegetables ripened under the hot Greek skies. Perfect!

书籍目录

introductionmezzes& soupsmeat&poultryfish & seafoodmade with vegetablenessomething sweetindex

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