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<<Pasta (精装)>>

图书基本信息

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内容概要

Pasta: Every Way for Every Day shows what a versatile, as well as healthy, food pasta really is. Written by Eric Treuille, director of the Books for Cooks cooking school in Notting Hill, and Anna del Conte, author of 12 books on Italian cooking, it explains the various types of pasta, how to make them and how to cook them. The level of cooking is described for each recipe and there is plenty to choose from "quick cook", "no cook" and "slow cook" recipes.

Throughout, the authors give their own hints and tips, from the proper way to boil pasta (never fling it in a pan with some water and a pinch of salt) to freezing tomato puree (easy when you know how). There are suggestions for fast and simple sauces, pasta that children love and pasta to impress friends, as well as recipes to use when cooking for large numbers and dishes that can be cooked in advance.

The recipes are easy to follow with the methods of preparation in the same order as the list of ingredients. This is a book that is suitable for hopeless cooks as well as the clever ones. If you follow the recipes, it is unlikely you will go wrong. --Judith Spelman --This text refers to an out of print or unavailable edition of this title.

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