

<<战胜隐性疾病Your Symptom>>

图书基本信息

书名：<<战胜隐性疾病Your Symptoms Are Real>>

13位ISBN编号：9780471740285

10位ISBN编号：0471740284

出版时间：2007-10

出版时间：John Wiley & Sons Inc

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页数：280

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内容概要

"Thank God for this book. It provides the help that millions of Americans with 'silent illnesses' like chronic fatigue and fibromyalgia have been waiting for. Dr. Natelson is a brilliant and compassionate clinician who covers the best treatments that medical science has to offer, along with a thorough consideration of complementary approaches. Short of cloning him, this book offers the specific help you need to work in partnership with your own physician."

"Natelson is the kind of doctor every patient is looking for: smart, thoughtful, empathetic, and supportive. Reading *Your Symptoms Are Real* is the next best thing to having a world-renowned specialist managing your case." "Do not throw up your hands and give up when one doctor after another tells you there is nothing wrong with you—instead, read this book! Benjamin Natelson is the person you have been looking for to guide you on your path to recovery." "Natelson superbly incorporates research studies, clinical trials (even on drugs in development), and patient case reports in this book. If you are battling pain and fatigue symptoms but your tests are all normal, you will enjoy reading Natelson's pro-patient approach to explaining the real nature of your illness, his recommended treatment approaches, and how to cope with everything that is going on in your life."

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