

<<(面试7步赢) THE INTERV>>

图书基本信息

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内容概要

Actors specialize in the skills you need to excel at interviews: self-confidence, verbal communication and body language, and knowing how to project the desired image. Here, the directors of a consulting firm that applies acting techniques to success in the business world share a step-by-step training program to help you ace your own "audition." You'll learn trade secrets for conquering stage fright, how to research the "role" you're applying for, how to look the part, how to deal with job-hunting stress--and how to use simple exercises for effective verbal and physical communication. With each interview, the curtain rises on a new opportunity. With the seven steps in this book, you can get ready to take a bow!

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